



SSM COLLEGE OF ENGINEERING

DIVAR PARIHASPORA PATTAN, KASHMIR (PIN 193121)

(Approved & Recognized by AICTE New Delhi & Govt. of J&K)

Affiliated to the University of Kashmir

ISO 9001: 2015 Certified

Subject: - Making of Nun Chai (The Kashmiri traditional Salt Tea).

The Government of India has launched the 'Ek Bharat Shreshtha Bharat (EBSB)' initiative to foster national integration and to give a boost to this initiative, the University Grants Commission (UGC) seeks to initiate EBSB Club in all Higher Educational Institutions to promote cultural connect and enhance interaction between people hailing from different states.

As per the EBSB programme, all HEIs need to establish EBSB Clubs and ensure conduct of activities in these clubs to promote cultural connect. The idea is that each year one State/UT should connect to any other State/UT in India on reciprocal basis. This mutual exchange would promote knowledge of the culture, traditions and practices of different States/UTs. The list of paired States/UTs will be enclosed.

This year, Jammu and Kashmir has been engaged in activities with Tamil Nadu. HEIs are needed to evolve a mechanism for implementation and monitoring of such activities.



The idea behind the activity of making Nun Chai (The Kashmiri traditional Salt Tea) is to allow the other State/UT a peek into our culture and know more about it.

Noon Chai, also called shir chai (from Persian, meaning 'milk tea'), gulabi chai, Kashmiri tea or pink tea, is a traditional tea beverage, originating from the Indian Subcontinent, most probably from the Kashmir Valley, made with gunpowder tea (green tea leaves rolled into small balls), milk and baking soda.

Noon chai is traditionally made from a type of green tea leaves, milk, salt, baking soda and usually cooked in a samavar. A pinch of baking soda gives it a pronounced pink color.

Noon chai is served in many states of India usually in Northern India (Jammu and Kashmir, Himachal Pradesh) and areas with even small Tibetan population such as Mainpat, Chhattisgarh. At special occasions, weddings, and during the winter months, Noon chai is an essential part of Kashmiri breakfast and supper, It is consumed with various types of traditional bread made in Kashmir.

Four students along with three teachers participated in the said activity.

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